

## Artisan Bread Ingredients

### Cheesy Bread Sticks:

Wheat Flour, Water, Dried Durum Wheat Sourdough, Yeast, Sugar, Canola and/or Soya Oil, Salt, Ascorbic Acid, Enzymes, Dextrose, Sodium Stearoyl-2-Lactylate, L-cysteine Hydrochloride, Yeast Extract. Cheddar Cheese (Pasteurized Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Color.).

*Contains Wheat Flour, Milk Ingredients and Soy. May contain egg, sesame and/or mustard.*

### Croissants:

Enriched Wheat Flour, water, Butter, (Milk Ingredients) Glucose-fructose/Sugar, yeast, salt, Acetylated Tartaric acid esters of Mono and Diglycerides, artificial flavour.

*Contains Wheat, Milk, may contain soy and sesame seeds.*

### Scissor Rolls:

Wheat Flour, Water, Dried Durum Wheat Sourdough, Yeast, Sugar, Canola Oil, Salt, ascorbic acid, enzymes.

*Contains Wheat Flour, may contain trace amounts of milk ingredients, egg, sesame and/or soya ingredients.*

## Artisan Bread Cooking Directions

**Cheesy Bread Sticks:** Thaw and serve.

**Croissants:** Thaw until doubled in size an hour or (sometimes overnight is best) Cover during thawing to prevent drying. Bake at 360F for approx. 10-15 minutes until golden brown in color. Allow to cool  
Oven Temperatures Vary - so please use as guide only.

**Scissor Rolls:** Thaw before baking...

Preheat oven to 375F with rack in the middle position.

Bake for 5-7 min until golden in color- Oven Temperatures Vary - so please use as guide only.

### Cheesy Bread Sticks

Nutrition Facts	
Valeur nutritive	
Per 1 Serving (per 75g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories</b> 220	
<b>Fat / Lipides</b> 6 g	9%
Saturated / saturés 3 g	6%
+ Trans / trans 0.1 g	16%
<b>Cholesterol / Cholestérol</b> 15 mg	
<b>Sodium / Sodium</b> 410 mg	17%
<b>Carbohydrate / Glucides</b> 23 g	11%
Fibre / Fibres 1 g	4%
Sugar / Sugars 2 g	
<b>Protein / Protéines</b> 9g	
Vitamin A / Vitamine A	4%
Vitamin C / Vitamine C	4%
Calcium / Calcium	0%
Iron / Fer	15%

### Croissants

Nutrition Facts	
Valeur nutritive	
Per 1 bun (per 63g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories</b> 200	
<b>Fat / Lipides</b> 10 g	15%
Saturated / saturés 4 g	8%
+ Trans / trans 0.1 g	21%
<b>Cholesterol / Cholestérol</b> 0 mg	0%
<b>Sodium / Sodium</b> 250 mg	10%
<b>Carbohydrate / Glucides</b> 23 g	8%
Fibre / Fibres 1 g	
Sugar / Sugars 1 g	
<b>Protein / Protéines</b> 5 g	
Vitamin A / Vitamine A	0%
Vitamin C / Vitamine C	0%
Calcium / Calcium	2%
Iron / Fer	15%

### Scissor Rolls

Nutrition Facts	
Valeur nutritive	
Per 1 bun (per 41g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories</b> 100	
<b>Fat / Lipides</b> 1 g	2%
Saturated / saturés 0.1 g	1%
+ Trans / trans 0 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium / Sodium</b> 200 mg	8%
<b>Carbohydrate / Glucides</b> 20 g	7%
Fibre / Fibres 1 g	
Sugar / Sugars 1 g	
<b>Protein / Protéines</b> 3 g	
Vitamin A / Vitamine A	0%
Vitamin C / Vitamine C	0%
Calcium / Calcium	0%
Iron / Fer	8%